

## **Weightlifters of the DPRK**

All the eleven men and women from the Democratic People's Republic of Korea won gold medals at the Asian Weightlifting Championships 2024 held in February.

At the championships, which drew more than 190 contenders from over 30 countries and regions, the DPRK weightlifters set seven new world records, and bagged 32 golds and one silver, 33 in total.

After the 19<sup>th</sup> Asian Games held last year, the DPRK sportspeople were thrust into the limelight of the world's weightlifting circles at the championships, too.

In particular, they set new world records in 12 events in the women's category, and the DPRK ranked first in the medal standings at the championships.



Kang Hyon Gyong bagged three golds in the women's 55-kg category event, lifting 104kg in snatch (world and Asian records) and 123kg in jerk, 227kg in total.



Pak Myong Jin won three golds in snatch and jerk  
and in total in men's 61-kg category.



Ri Song Gum won three gold medals by lifting 95kg in snatch and 125kg in jerk (world and Asian records), 220kg in total (world and Asian records) in women's 49-kg category.



Men and women weightlifters who participated in the Asian Weightlifting Championships 2024